

Volunteer Role description



Volunteer Role	Movement for Memories Golf Buddy Volunteer
Role Purpose Why we need you	<p>Our Movement for Memories programme supports people living with dementia to be physically active.</p> <p>As a Movement for Memories Golf Buddy your role will be to accompany individuals with dementia around one of Edinburgh Leisure's golf courses.</p>
Specific Tasks What will be involved?	<p>Buddy Golf Volunteers will:</p> <ul style="list-style-type: none"> • Meet the participant in the reception area at the golf course and provide them with a warm welcome • Collect clubs, balls and tees from the golf venue staff or support the participant to do this • Support the participant by either accompanying or playing round the course with them • Keep score for participant and guide them appropriately around the golf course • Remain aware of other golfers on the course and allow people to play through where appropriate • Provide the participant with support, encouragement and reassurance as required • Complete Movement for Memories activity evaluation forms to enable us to support the participant and evaluate the programme. • Provide information to the participant or carer, where appropriate, on other physical activity opportunities available.
Skills and Qualities	<p>It is vital that our volunteers have an interest in and a passion for working with people living with Dementia. Experience of playing golf is desirable.</p> <p>Essential qualities for this role are:</p> <ul style="list-style-type: none"> ✓ Open, warm and friendly manner ✓ Caring and non-judgmental approach ✓ Good communication skills ✓ Ability to actively listen ✓ Commitment to the role ✓ Willingness to undertake training as required ✓ Excellent time-keeping skills

Support and Training	<p>Full training will be provided to all volunteers. This will include;</p> <ul style="list-style-type: none"> • Active Communities core training (1/2 day) • Dementia training (1/2 day) <p>All volunteers will receive regular support from our Movement for Memories Supervisor and will have access to 1-1 sessions. During these we will discuss and agree on-going training requirements and opportunities.</p>
Expectations	<p>You are expected to:</p> <p>Carry out tasks in a way which corresponds to the purpose and values of Edinburgh Leisure and in line with our volunteer policy and guidelines</p> <ul style="list-style-type: none"> • Respect other volunteers, golf users, Edinburgh Leisure staff, customers and Movement for Memories participants • Respect confidentiality • Respect the human rights of others • Attend training and support sessions as required • Carry out tasks in line with your training and health and safety legislation
Commitment	<p>We ask you to commit to a minimum of 2 hours volunteering per week for at least 6 months.</p> <p>Volunteer hours will be confirmed depending on your availability, preferred course(s) and interests and the needs of our participants.</p>
Location	<p>Movement for Memories golf sessions take place at the following courses:</p> <ul style="list-style-type: none"> • Portobello Golf Course • Carrick Knowe Golf Course • Craignetinny Golf Course • Wee Braids Golf Course • Silverknowes Golf Course <p>Rounds can take place any time between 11am – 3pm Monday-Sunday. We expect each round to last between 60 - 90 minutes depending on the ability and needs of the participant.</p> <p>We will work with you to determine which course(s), day(s) and times suit you best.</p>
Disclosure / PVG Requirements	<p>Volunteers will be required to undertake a Protecting Vulnerable Groups (PVG) check. The purpose of this is to safeguard volunteers and service users from harm. The check involves completing a short form which you can be supported to complete. Having a criminal record will not automatically prevent you from volunteering. All cases will be treated on an individual basis.</p> <p>If you have any questions or concerns about this, please contact the Support Contact using the details below.</p>
Support Person & Contact Details	<p>Sam Scott Health Development Officer (Dementia)</p> <p>Email: samscott@edinburghleisure.co.uk Phone: 0131 458 2260</p>
Task Description Updated	<p>November 2018</p>