## Edinburgh Leisure Health Development Officers

1 x Permanent 1 x Fixed Term Contract for 12 months Full time 35.75 hrs per week Vantage Point £25,911 per annum

in 4 people will experience a mental health condition
of Scottish adults are overweight
of Scottish Adults <u>do not</u> meet the recommended amount of physical activity
in 6 deaths are caused by inactivity

Moving is good for us but for some it isn't always easy. Our Active Communities team harness the power of physical activity to tackle inequalities and combat the effects of inactivity. Each year we support 10,000 people in need who face the greatest barriers to being active, including those affected by health conditions, disabilities, inequalities and poverty – empowering them to be active to protect their health and wellbeing.

As a Health Development Officer, your job is to develop and deliver physical activity programmes which meet the needs of those living with existing health conditions; empowering them to lead more active healthy lives.

We are looking for two energetic and enthusiastic individuals who believe in the power of physical activity to join our team as a Health Development Officer and lead the delivery of our weight management and mental health programmes.

Experience of working with health partners and community based organisations to promote and deliver physical activity programmes for people experiencing health inequalities is essential.

As well as this, you'll need to have experience of leading a team, passionate about physical activity and excellent project management skills. In return, we're offering the best rewards packages in the industry, with generous holiday allowance, pension and free use of all our centres.

Apply today and you could be changing lives tomorrow.

Closing date: Sunday 10<sup>th</sup> November 2019 Assessment date: Wednesday 20<sup>th</sup> November 2019 Visit www.edinburghleisurejobs.co.uk.

Edinburgh Leisure is a charitable trust. Registered Scottish Charity No: SC027450

